



TEACHING ARTIST  
CLASSICAL BALLET & CONTEMPORARY DANCE

First Name: Jia-Xi

Last Name: Lee

Nationality: Malaysian

Permanent Residency: Singapore

Overseas Citizenship of India (OCI)

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**COVER LETTER**

Dear Sir/Madam,

Thank you for your interest in my resume. My name is Jia Xi (JC), and I am a teaching dance artist with nearly 15 years of experience in dance education and performance. I specialise in classical ballet and contemporary dance, with additional expertise in dance science informed by my master's education in neuroscience and psychology, where I explored the cultural scripts of trauma in professional dancers with trauma-related stress disorders symptomology including PTSD.

As a studio owner and an affiliate teacher with the Royal Ballet School, I am one of the first South East Asian qualified to deliver their holistic dance programme: Affiliate Training and Assessment Programme (ATAP), which celebrates dancers of all backgrounds, learning abilities, and body types. I am the only studio owner who is delivering a highly recognised programme in the North India region to date. Before that, I was a full-time faculty with the Singapore Ballet Academy, which is a RAD Approved Examination Centre and an associate school with the Singapore Ballet. My role includes preparing up to 120 dancers for their RAD graded and vocational examination. I later joined the School of the Arts, Singapore, an IB World School as a full-time dance mentor teaching, tutoring and mentoring aspiring dance students.

After graduating with a Diploma in Dance Performance awarded by the New Zealand School of Dance, I started my performing career with the Royal New Zealand Ballet and Singapore Dance Theatre (current Singapore Ballet). I was honoured to be nominated for two out of three performances for the title of Best Featured Lead Performer at the Boh Cameronian Arts Awards (the highest national arts award in Malaysia) and won. I also was awarded Summa Cum Laude for my BSc in Psychology and Communication Arts by Troy University, AL, US and am expected to submit my final thesis by the end of July 2024 when I will earn my MSc in Applied Neuroscience with King's College London. My thesis will explore the cultural aspects of psychosocial risk factors of PTSD in professional dancers, aiming to inform dance teachers and leaders about creating a safe studio climate for dancers. My work in dance science was recognized with national funding from a Malaysian government agency to conduct a webinar tailored for dance teachers. The webinar centred on the psychology framework, the biopsychosocial approach to dance practice, emphasising dancers' wellness as the number one priority.

Drawing on my interdisciplinary knowledge, passion, and experience in classical ballet, contemporary dance, neuroscience, psychology, and yoga, I am confident that I can bring valuable skills to the realms of dance artistry, education, and research, benefiting dancers of all ages and levels working in partnership and collaboration towards a shared goal to support those who are driven by the love and passion for dance, rooted in evidence-based pedagogy.

Sincerely,



## EXPERIENCE

### Studio Owner 2024—Present

Tarinao Dance Studio 2024—Present (Based in Gurgaon City, Delhi NCR, India)

### Dance Teacher/Instructor 2015—Present

#### Classical Ballet and Contemporary Dance

Fully Affiliated Teacher of the Royal Ballet School, London

School of the Arts, Singapore 2023—Full-time dance faculty

Singapore Ballet Academy 2021-2023—Full-time dance faculty

Freelance Dance Teacher 2015—Present

- Classical ballet and contemporary dance technique
- Body conditioning and awareness
- Creative practice through dance improvisation
- Repertoire study (dance/artist analysis and presentation)
- Mentoring dance students

### Dance Artist 2012—Present

Royal New Zealand Ballet 2012—Seasonal Contract for the World Premiere of *Giselle* by Stiefel and Kobborg

Singapore Dance Theatre 2013—Full-Time Contract

(Current Singapore Ballet)

Independent Artist 2015—Present

- Remnant Visions by Seni Tiga at KongsikL (Mar, 2019) **[Awarded]**
- Collaboration with Sara Heng, Guzheng artist at Damansara Performing Arts Centre (DPAC) (May, 2019)
- Hollow From the Other Side: Body Lab by T.H.E & KongsikL 2018
- The Dance Society of Malaysia (TDS) 20th Competition Gala
- KL Dance Works (Classical Showcase 2017)
- Mix Bill of Contemporary Dance (Aug, 2019)
- Kaki Seni (16th Boh Cameronian Arts Awards 2019) (Apr, 2019)
- Triple Bill of Contemporary Dance (2018)
- Balletbase Presents (2017)
- Ellie Zhou Ballet Studio (DanceWaves 2017-2018)

### Arts Administration 2015—Present

#### Creative Director

- Dance for Nukeban (2020) by Tarinao (founded by Jia Xi Lee)
- Remnant Visions; Seni Tiga #02 (2019) by KongsikL

#### General Administrator

- Switchblade Operation: The Longing (2023) by Kongsik Petak—Multiple Award Winning Production
- La Bayadere (2015) The Dance Society of Malaysia (TDS) & Danceworks Production (KL Dance Works)

### Researcher 2019—

School of Healthcare and Medical Sciences, Sunway University

- Construct survey questionnaire, conduct interviews, data analysis, events coordination, literature review, systematic review, journal publication.

### Start-up App Company 2017—

GuavaPass

(Acquired by ClassPass)

Mobile App start-up company; customer service agent, events coordinator, business partnership, social media management for KL region.

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## PROFESSIONAL AFFILIATION AND MEMBERSHIP

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Royal Ballet School Affiliate Training and Assessment Programme (ATAP)

2023–Present

Royal Ballet School, London

International Association for Dance Medicine and Science (IADMS)

2023–Present

Member of Intersectionality Task Force (ITF) research group

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## EDUCATION

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MSc Applied Neuroscience

2022-2024

King's College London

BSc in Psychology

2015–2019

Troy University, Alabama, USA

200-hour Yoga Teacher's Training (TTC)

2014

Manasa Yoga, Malaysia

Diploma in Dance Performance

2010–2012

New Zealand School of Dance

